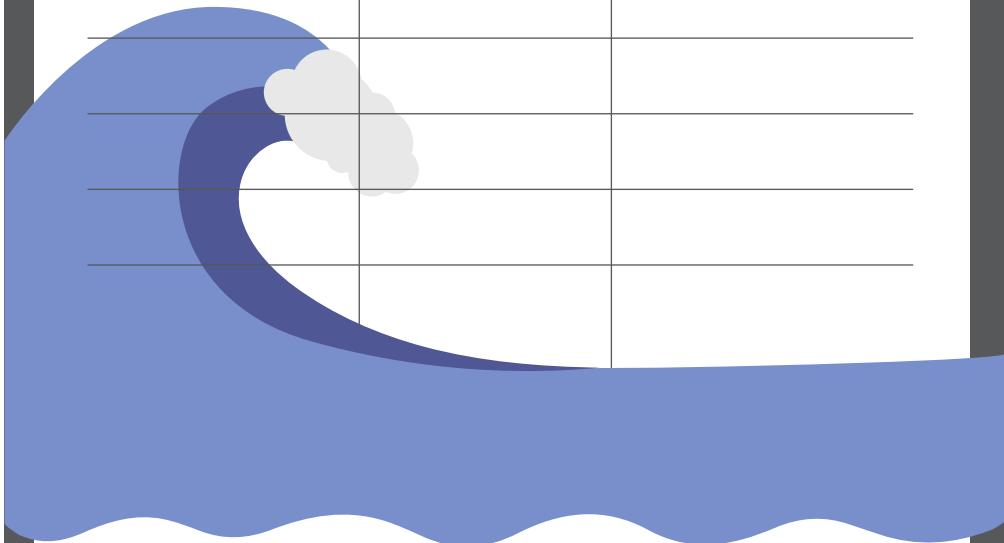


Neighbours contact list

List your neighbours' contact numbers and any special needs they may have in a crisis.

Name	Contact number	Special needs



SUNNYNOOK
COMMUNITY ASSOCIATION



With thanks to **Devonport-Takapuna Local Board**
Auckland Council



SUNNYNOOK AND FORREST HILL

Community Resilience Plan

EMERGENCIES HAPPEN. If we spend time planning for these events, we'll be ready and know what to do.

IS YOUR WHĀNAU READY?

Imagine there is no electricity, water or internet for

5 days

Develop a plan about how you get through this time.

This will be unique to your whānau.

Get prepared. Have enough supplies, food and water for your family for **5 days**.

IS YOUR COMMUNITY READY?

Get to know

5 people

in your street. In an emergency, how could you help them? How could they help you?



Where to get help in an emergency



Fire and emergency: **call 111**

Land search and rescue: **call 111**

Pandemic: **www.health.govt.nz**

Flooding: **call 111**

No internet: **call your internet provider**

Harbour Bridge closure:
Auckland Transport **www.at.govt.nz**

Extreme weather event
(tornado, hurricane or cyclone):
www.metservice.com

Let's make a plan

Make a list of what you and your whānau need for **5 days** without water, power or internet.
(Use a separate sheet of paper if necessary)



Medication and medical needs

Food

Water

Warmth

Communication

Now you have a list, are you ready for an emergency?
Yes or No?

What else do you need to get prepared?

